



Dr. Rick Goodman

Leadership and Team Building Expert Motivational Keynote Speaker and Author

Since 1988, Dr. Rick Goodman has been keynoting, facilitating, and working with companies and organizations with only a few people all the way up to Fortune 500 and 100 companies that dominate their industries.

Rick's presentations are based on real life experiences with one focus: For audiences and attendees to achieve transformational results in their lives!

In 2019 Dr. Rick Goodman wrote the best-selling book *The Solutions Oriented Leader*. The book shared groundbreaking systems, tools and techniques for leaders looking to build solutions oriented teams in our new multi-generational workforce culture.

In 2023 the widely acclaimed book *Living a Championship Life: A Game Plan for Success* written by Dr. Rick was released at #1 on Amazon. The book chronicles Dr. Rick's experiences and lessons while serving as one of the team physicians for the Saint Louis Rams (NFL), Saint Louis Ambush (ISL), and the Miami Heat (NBA).

Doctor Rick's keynotes are entertaining, motivating, and packed with content and action steps that anyone can implement immediately with great results!

Testimonials

CUSTOMIZED PRESENTATIONS

Your keynote address kept everyone engaged and will long be remembered by everyone attending our OAC meeting. Your ability to customize the program and relate it directly to our industry and our specific company was outstanding!
Linda Schaub, Vice President, Marketing Interim Healthcare

"His workshops far exceeded our expectations as proved by our attendee's response cards. He knocked it out of the park!"
Matt Hamlin Vice President and GM Midwest Region Quest Diagnostics



Dr. Rick's Topics

**THE ADAPTABILITY ZONE
ACHIEVING CERTAINTY IN
UNCERTAIN TIMES**

**THE SOLUTIONS-ORIENTED
LEADER: BUILDING AN
EFFECTIVE MULTI-
GENERATIONAL WORKFORCE**

**LIVING A CHAMPIONSHIP LIFE A
GAME PLAN FOR SUCCESS**

**GLOBAL TOP
GURUS 30 2025**

LEADERSHIP



PROVIDING SOLUTIONS THAT HELP
PEOPLE, BUSINESSES AND ORGANIZATIONS
LEAD, ENGAGE, AND GROW

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